

TRAINING SCHEDULE CdP 2025

No programs will be played during training

Training groups will be the same as the warm-up groups of the corresponding program.

So please check on the starting list.

Friday 14.3.25

Training Rink

| | | |
|--------------------|-------|-------------------------|
| Basic Novice | 9h00 | Warm-up group 1 |
| | 9h25 | Warm-up group 2 |
| | 9h50 | Warm-up group 3 |
| | 10h15 | Ice Resurfacing |
| Ad Nov Girls Short | 10h00 | warm-up group 4 |
| | 10h30 | Warm-up group 1 |
| | 10h55 | Warm-up group 2 |
| | 11h20 | Ice Resurfacing |
| Ad Nov Boys Short | 11h35 | Warm-up group 3 |
| | 12h00 | Warm-up group 1 |
| | 12h25 | Ice Resurfacing + break |
| Junior Women Short | 13h30 | Warm-up group 1 |
| | 13h55 | Warm-up group 2 |
| | 14h20 | Warm-up group 3 |
| | 14h45 | Ice Resurfacing |
| | 15h00 | warm-up group 4 |
| Junior Men Short | 15h25 | warm-up group 5 |
| | 15h50 | Ice Resurfacing + break |
| | 17h00 | Warm-up group 1 |
| | 17h25 | Warm-up group 1 |
| Senior Men Short | 17h50 | Ice Resurfacing |
| Senior Women Short | 18h05 | Warm-up group 1 |
| | 18h30 | Warm-up group 2 |
| | 18h55 | end of practice |

No programs will be played during training

Saturday 15.3.25

Training Rink

starting number

| | | |
|--------------------|-------|-------------------------|
| Senior Women Short | 9h00 | warm-up group 1 |
| | 9h25 | warm-up group 2 |
| | 9h50 | ice resurfacing |
| Senior Men Short | 10h05 | warm-up group 1 |
| | 10h30 | warm-up group 1 |
| Ad Nov Girls FS | 10h55 | ice resurfacing |
| | 11h10 | warm-up group 2 |
| | 11h35 | warm-up group 3 |
| | 12h00 | ice resurfacing + break |
| Ad Nov Boys FS | 15h30 | warm-up group 1 |
| | 15h55 | warm-up group 1 |
| Junior Women FS | 16h20 | warm-up group 2 |
| | 16h45 | ice resurfacing |
| | 17h00 | warm-up group 3 |
| | 17h25 | warm-up group 4 |
| | 17h50 | ice resurfacing |

TRAINING SCHEDULE CdP 2025

| | | |
|---------------|-------|-----------------|
| Junior Men FS | 18h05 | warm-up group 5 |
| | 18h30 | warm-up group 1 |
| | 18h55 | end of practice |

**No programs will be played during training
Sunday 16.3.25**

Training Rink

starting number FS

| | | |
|-----------------|-------|-------------------------|
| Senior Women FS | 10h30 | warm-up group 1 |
| | 10h55 | warm-up group 2 |
| | 11h20 | ice resurfacing + break |
| Senior Men FS | 11h35 | warm-up group 1 |
| | 12h00 | end of practice |